

# CHS January 2024

Monday

Tuesday

Wednesday

Thursday

Friday

**Menu Subject to Change**  
**Fresh Fruit & Milk Served Daily**

**CEREAL 8**  
ASADO W/TOSTADAS  
SPANISH RICE  
REFRIED PINTO BEANS  
CHOPPED SALAD

**WHOLE GRAIN TARTS 9**  
HAM & CHEESE SANDWICH  
TOMATO SOUP  
BABY CARROTS  
POTATO WEDGES

**SB & JELLY SANDWICH 10**  
BEEFARONI W/ROLL  
JICAMA  
CHOPPED SALAD

**APPLE BREAKFAST BITES 11**  
LOADED POTATO BOAT  
STEAMED CARROTS  
FRESH CUCUMBERS  
OATMEAL COOKIE & CHIPS

**CINNAMON SWIRL 12**  
BAKED CHICKEN W/ROLL  
MIXED VEGGIES  
BBQ BEANS

**15**  
  
**No School**

**FRENCH TOAST 16**  
BACON CHEESEBURGER  
POTATO WEDGES  
BURGER SALAD

**BANANA BREAD 17**  
LASAGNA W/MEAT  
GARLIC BREADSTICK  
SEASON CORN  
JICAMA

**WHOLE GRAIN CINNAMON BAR 18**  
PHILLY CHICKEN SANDWICH  
SWEET POTATO FRIES  
CELERY & CARROT STICKS

**KOLACHE 19**  
CHICKEN CHOW MEIN  
DUMPLINGS  
MIX VEGGIES  
CUCUMBERS

**CEREAL 22**  
CHICKEN TAMALES  
SEASON CORN  
CHOPPED SALAD  
REFRIED PINTO

**ASSORTED MUFFINS 23**  
SPICY CHICKEN SANDWICH  
FRIES  
BURGER SALAD

**BREAKFAST WRAP 24**  
CHICKEN PARMESAN W/SPAGHETTI  
GREEN BEANS  
CHOPPED SALAD  
GARLIC BREADSTICK

**WHOLE GRAIN CONCHA 25**  
BONELESS CHICKEN WINGS W/ROLL  
CUCUMBERS  
SWEET POTATO FRIES

**EGG & CHEESE ENGLISH MUFFIN 26**  
POZOLES W/ ROLL  
CABBAGE/ RADISH  
JICAMA

**CEREAL 29**  
NACHOS SUPREME  
PINTO BEANS  
SHREDDED SALAD  
OATMEAL COOKIE

**CHICKEN SAUSAGE PANCAKE SANDWICH 30**  
HOT DOG/CHILI DOG  
TATER TOTS  
BABY CARROTS

**STRAWBERRY MINI BAGELS 31**  
PIZZA  
CELERY & CARROT STICKS  
SWEET POTATO FRIES



**FOOD & NUTRITIONAL DIVISION**  
**NATIONAL SCHOOL BREAKFAST & LUNCH PROGRAMS**

**TEXAS DEPARTMENT OF AGRICULTURE**  
**COMMISSIONER SID MILLER**

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# January Alternative Menu CHS 2024

## Monday

**ITALIAN COLD  
CUT SUB  
SANDWICH**

**PEPPERONI  
PIZZA**

**SPICY BUFFALO  
RANCH CHICKEN  
SALAD**

## Tuesday

**HAM & CHEESE  
CROISSANT  
SANDWICH**

**BUFFALO CHICKEN  
PIZZA**

**CRISPY ORIENTAL  
SALAD**

## Wednesday

**TURKEY  
BACON WRAP**

**CHEESE PIZZA**

**GRILLED CHICKEN  
CAESAR SALAD**

## Thursday

**DELI  
SANDWICH**

**MEGA MEATS  
PIZZA**

**MEXI- RANCH  
CHICKEN SALAD**

## Friday

**SPICY CHICKEN  
BUFFALO WRAP**

**PEPPERONI  
PIZZA**

**FRESH CHEF  
SALAD**

# Winter Wonderland

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